

Actions				
Self				
Past				
Understanding				
Impact				
Forgiveness Score				Total

“Counterfeit”

1	6
2	7
3	8
4	9
5	10
Total	

What happened to me wasn't okay,
but just because it wasn't okay,
doesn't mean that I am owed anything.



Event

What Did I Lose?

What was the Damage?

How Did I Feel?

Why I Need to Forgive

Who I Need to Forgive