

Recognize

1	6
2	7
3	8
4	9
5	10

Total

Self-Interest

1	6
2	7
3	8
4	9
5	10

Total

Self-Aware

1	6
2	7
3	8
4	9
5	10

Total

Toxic Relationship Patterns



Mindset	

Curiosity	

Patterns	

Goals	

Authenticity	

Total