

The Keys To Being Transparent (The Filter)

I understand the complexity of the situation, and I can see it from multiple perspectives, I know what part I will play, and what it is that I want to achieve.

My personal agency allows me to have intentional thoughts, make voluntary choices and take independent actions to influence my life.

I embrace the strengths, flaws, and past experiences, of both myself and others, *without judgment*. I stay open to the possibilities and seek common ground.

I respectfully express my true thoughts and feelings. I stay aligned with my values, show vulnerability, and prioritize constructive communication.



Authenticity

Humility

Openness

Acceptance

Execution

Transparency

Total

Less

1 6

2 7

3 8

4 9

5 10

=

(Lower is better)

More

1 6

2 7

3 8

4 9

5 10

=

(Higher is better)

Internal

1 6

2 7

3 8

4 9

5 10

=

(Higher is better)

The 3 Questions...

(Lower is better)

(Higher is better)

(Higher is better)